

Selective Antagonist of 5-HT_{2A} receptor

Novel compound exhibiting selective antagonism of the 5-HT_{2A} receptor to treat psychiatric disorders and eliminate off-target activity.

Issues with current 5-HT_{2A} antagonism

Antagonism of the serotonin 5-HT_{2A} receptor displays ameliorative effect in a number of psychiatric disorders, due to its heavy linkage with learning, mood, memory, imagination, sexual behaviour, perception, sleep and addictive behaviours. In the clinical setting, 5-HT_{2A} antagonism is elicited using drugs with a diverse pharmacological profile and the broad pharmacology displayed by these drugs is associated with significant side-effect profiles, and the reported efficacy is not particularly high.

Currently, 5-HT_{2A} antagonism is achieved by poorly selective antipsychotics (olanzapine, quetiapine, risperidone) or antidepressants (non-SSRI's; mirtazapine, trazodone). This leads to various undesirable side effects with negative effects on the patient's compliance, such as:

- Weight gain
- Sedation
- Dizziness
- Cardiovascular disease
- QT prolongation
- Sexual dysfunction

Technology

A clinically beneficial antagonist with a highly selective ability to inhibit the serotonin 5-HT_{2A} receptor has been discovered to act as a 'clean' drug. The compound has shown great potency in its antagonistic mechanism and the selective binding will also be complemented with its ability to reduce the prevalence and severity of side effects. Combined with its enhanced efficacy, this compound has the potential to provide a new direction for the treatment for psychiatric disorders and beyond.

Applications

The compound will not only be able to treat psychotic disorders, but also pave the way as a new mode of action for other mental disorders. Some of the potential areas of treatment are:

- Depression
- Psychotic disorders
- Anxiety disorders
- Migraines
- Sleep disorders
- Drug addiction
- Symptoms of autism



Major advantages:

- Treats psychiatric disorders whilst mitigating the level of detrimental off-target side effects.
- Potentially could replace the administration of 'dirty' and poorly efficacious drugs to inhibit the 5-HT_{2A} receptor, which often exhibit varying side effects.
- Possesses applicability beyond psychiatric disorders into other mental conditions.

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UniServices by the numbers

Total external research funding:

\$261.3M

(35% increase over 2020)

45

companies started in the past five years

\$1.25BN

Total market capitalisation of companies formed

\$73.5M

Net asset value of the University of Auckland Inventors' Fund

17,335 Covid-19 vaccinators trained by the Immunisation Advisory Centre in 2021

1,700

New Zealand teachers reskilled and upskilled through Tui Tuia | Learning Circle professional learning and development in 2021

3,000

clinical staff at 22 DHBs trained through teamwork-based acute care simulations designed by NetworkZ in the past five years

14,391 times that child and youth mental health workers attended Whāraurau e-modules, trainings and workshops in 2021

University of Auckland

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